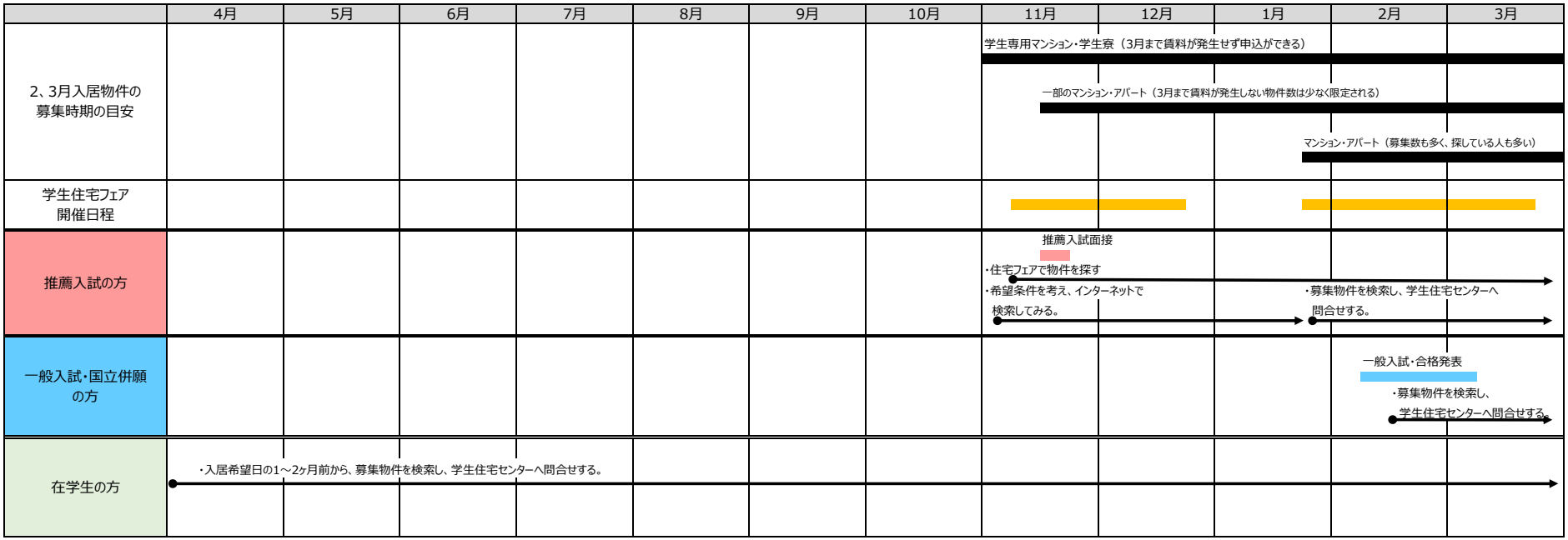お部屋探しスケジュールの目安